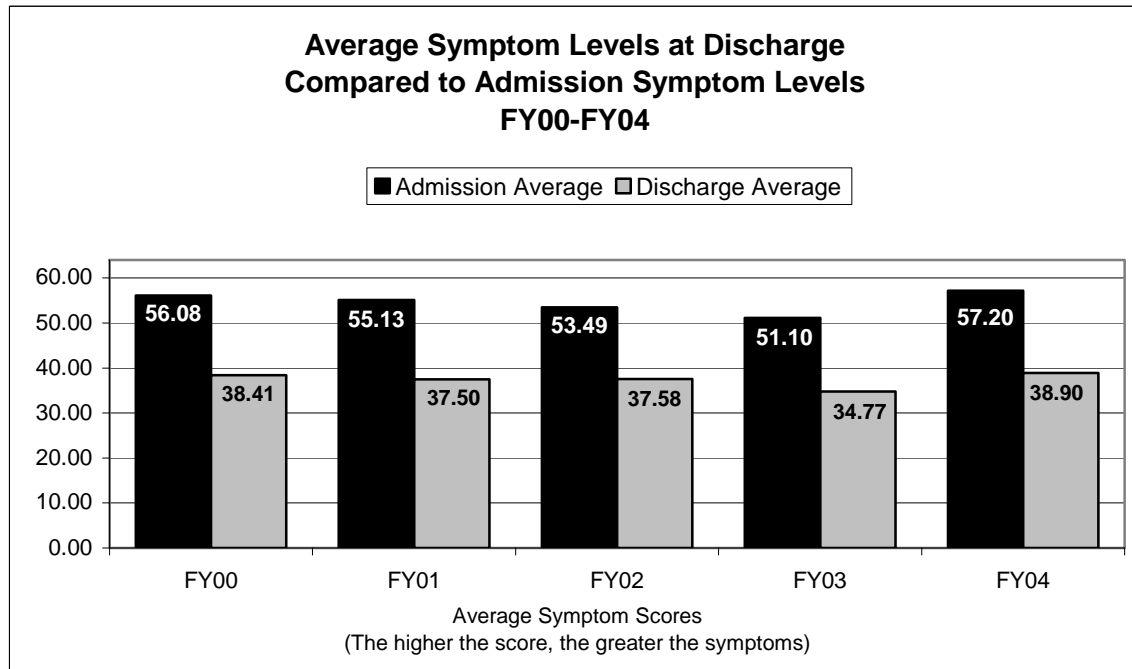


## PATIENT OUTCOME STATUS FROM ADMISSION TO DISCHARGE IN THE UTAH STATE HOSPITAL

Source: Division of Substance Abuse and Mental Health



**Definition:** The Brief Psychiatric Rating Scale (BPRS) rates a patient from one through seven (severe) on 24 items that provide a short-hand method of briefly describing a patient's major area of pathology. The higher the score, the worse the symptoms. The BPRS is given soon after admission, 90 days after admission, and every 90 days thereafter.

**Analysis:** A reduction in BPRS test scores indicates a lowering of patient symptoms. The improved BPRS total symptom scores demonstrate the Hospital's ability to reduce patient symptoms prior to discharge. For all patients that received a BPRS within one week of admission and two weeks of discharge, the average total score was lowered by 32% for a

significant improvement in their symptom levels in FY04. The above chart shows that for the past 5 fiscal years the Utah State Hospital has been consistent at lowering the average level of symptoms for patients. Although the average symptom scores upon admission and discharge have fluctuated as much as 6 points from year to year this is within the range of error for the sample sizes.

**Future Actions:** The Hospital will continue to monitor patient progress through the administration of the BPRS. These actions are designed to further increase treatment effectiveness.